



312P

Puristic

Creative

Preservers of values

Sputnik. New heroes of work for people who think on their feet. Made by people, for people: With its lively design and healthy belief in the laws of economics, Sputnik is tapping into the potential for an attractive new price range. The new social aesthetics of the new generation of plastic swivel office chairs and bucket seats are the perfect match for a modern working environment that is changing every day.

**Honesty:** Everything that's needed and nothing more. By being outward-looking, we're going back to basics. Efficiency and proficiency without the arrogance. Thoughts and ideas appreciated.

**Modesty:** A sound, cost-effective and well thought-out product concept. With Sputnik, non-static sitting goes without saying: it's not rocket science.

**Courage:** To have fun at work. The satisfaction of a thought that makes your head spin and the courage to know when enough is enough.

Sputnik, Russian: trailblazer, companion

# New heroes of work



3 colours for synthetic material, Mesh design, 21 fabric ranges with up to 12 colours provides a variety in upholstery. Sputnik is surprisingly variable – allowing a wide range of combinations but is still able to keep the classic design. Sputnik is a Office Chair for modern Work environments in line with the Zeitgeist of the health and body conscious. Sputnik appeals to people who like simple lines, focusing on quality of materials and the mechanism.



160P

Sputnik low backrest, basic mechanism



312P

Sputnik high backrest, synchronous mechanism, weight adjustment



162P

Sputnik low backrest, synchronous mechanism, comfort seat and backrest upholstery



182P

Sputnik mesh design, synchronous mechanism, with and without headrest, seat upholstery



185P



450P

Sputnik visitor's chair, four legs, stackable



550P

Sputnik visitor's chair, cantilever model, seat upholstery, stackable



650P

Sputnik conference chair, height adjustment, comfort seat and backrest upholstery



550P



Plastic in the colours ice-blue, black, cream white. Vents in backrest and seat for a good working climate.



Comfortable controls on the seat shell within easy reach.



4D adjustable armrests for height, width, depth, pivoting.

Sputnik in mesh design in the three plastic colours, with and without height adjustable headrest.



Lumbar support, adjustable depth to support the spine (also possible with comfort upholstery).



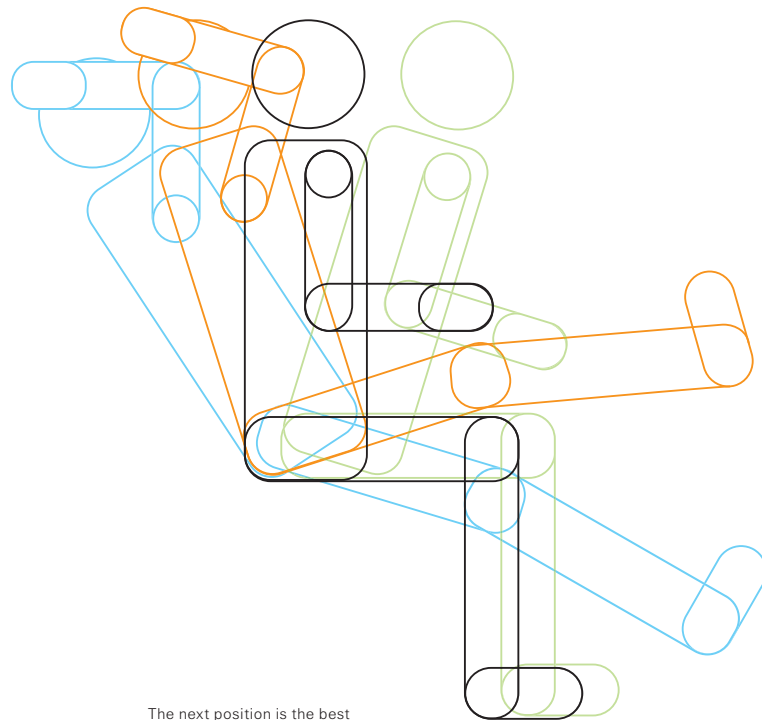
Sputnik upholstery offers 3 basic colours with up to 12 different colour shades and a choice of 21 different fabric lines. With this wide choice of colours and fabrics one can make any individual statement and express one's preference.



The face of Sputnik is changeable whenever the owner wishes. From extravagant to Puritan, New Pop to classic but always conservative in quality.







The next position is the best

From the seating specialists

Fact: from an anatomical point of view ergonomics means movement because movement is a critical part of office health. It is a law of nature that effective work processes are one of the most important sources of value-added in the company. Back problems are the greatest causes of absenteeism. A good chair will not heal your back but it is good preven-

tive medicine and eases the pain for those who already suffer. What does an Interstuhl chair do? The patient therapist offers support in each posture. It generates a feeling of well-being in all positions and brings measurable relief.

Naturally, the courage to follow our philosophy of dynamic sitting has meant a break with all the old rules: majestic, immaculate and bolt upright vs. the new

philosophy of doing it with gusto, reclining, lounging, looking out the window, concentrating.

"You can sit however you want. Just sit on the right chair." Each new product development with leading research institutes reconfirms this and it is substantiated by scientific input. The result: Interstuhl chairs accommodate every posture so ergonomically that maximum support is ensured.

## 1 Synchronous mechanism



The synchronous movement of the seat and backrest provides optimum support for the back in every position; the push effect is eliminated.

## 2 Sprung column



This ensures that the spine, which is very sensitive to vertical jolts, is not subjected to excessive loads when sitting down, even at the lowest seat height.

## 3 Weight adjustment



The individually adjustable counter-pressure of the backrest permits correct sitting for both light and heavy users.

## 4 Backrest height adjustment



The support range for the lumbar spine can be ideally adjusted to the height of the user.

## 5 Base seat height adjustment



The seat height is a precondition for good sitting. The base seat height adjustment extends the DIN-defined adjustment range and allows ideal sitting for short or tall users.

## 6 Seat inclination adjustment



Multiple adjustment of the seat in a forwards direction stops the pelvis from tilting back. This relieves the spine and avoids a poor posture.

## 7 Seat depth adjustment



Regulates the distance between the backrest and front edge of the seat, thus providing optimum support for the upper thighs; even for taller users.

## 8 Adjustable lumbar support



The horizontally adjustable lumbar support adapts to the individual curve of the lumbar spine; this reduces the muscle strain.

## 9 Adjustable 4D armrests



Height adjustment to take the strain off the neck muscles. Width adjustment and pivoting for optimum support angle, depth adjustment for optimum distance to the desk.

## 10 Headrest











The neck and shoulder muscles are relieved by the headrest when you lean back.

Office swivel chairs / High swivel executive chairs

Visitor chairs / Conference chairs



Type	160P	162P	312P	182P	185P	450P	550P	650P
								
	Swivel chair, low back, basic mechanism	Swivel chair, low back, synchronous mechanism	Swivel chair, high back, synchronous mechanism	Swivel chair, backrest mesh-covered, synchronous mech.	Swivel chair, backrest mesh-covered, synchronous mech., with headrest	Four legs, stackable	Cantilever model, stackable	Fixed base, seat height adjustment
Backrest height in cm (approx.)	60	60	67	67	67	40	40	40
Black plastic / cream white / ice-blue	• / ◦ / ◦	• / ◦ / ◦	• / ◦ / ◦	• / ◦ / ◦	• / ◦ / ◦	• / ◦ / ◦	• / ◦ / ◦	• / ◦ / ◦
Base in black / cream white / ice-blue plastic	• / ◦ / ◦	• / ◦ / ◦	• / ◦ / ◦	• / ◦ / ◦	• / ◦ / ◦	-	-	• / ◦ / ◦
Base in brilliant silver / polished aluminium	◦ / ◦ / ◦	◦ / ◦ / ◦	◦ / ◦ / ◦	◦ / ◦ / ◦	◦ / ◦ / ◦	-	-	◦ / ◦
Frame in steel / black / brilliant silver / chrome	-	-	-	-	-	• / ◦ / ◦	• / ◦ / ◦	-
Seat and Backrest	◦	◦	◦	-	-	◦	◦	◦
Basic mechanism	•	-	-	-	-	-	-	-
Synchronous mechanism	-	•	•	•	•	-	-	-
Base seat height adjustment	•	•	•	•	•	-	-	•
Sprung column spring	◦	◦	◦	◦	◦	-	-	◦
Weight adjustment	-	•	•	•	•	-	-	-
Backrest height adjustment	•	•	•	•	•	-	-	-
Seat inclination adjustment	-	◦	◦	◦	◦	-	-	-
Seat depth adjustment	-	◦	◦	◦	◦	-	-	-
Adjustable lumbar support	◦*	◦*	◦*	◦	◦	-	-	-
Adjustable 4D armrests, pivoting, soft	◦	◦	◦	◦	◦	-	-	-
Twin castors hard / soft	• / ◦	• / ◦	• / ◦	• / ◦	• / ◦	-	-	• / ◦
Felt glides	◦	◦	◦	◦	◦	-	-	•
Glides hard / soft	-	-	-	-	-	• / ◦	- / ◦	-

• Standard ◦ Option - Not available \* Only in connection with upholstery